

Your health care provider has requested a urine specimen for CT and GC testing. In order to produce a meaningful laboratory test result, follow these instructions exactly. Please obtain a sterile sample container from our laboratory.

First Stream Urine Collection

1. Do not urinate for 1 hour before collection.
2. The container provided by the laboratory has the 30 mL level marked on it.
3. Write your full name and date of birth on the sterile sample container, if not already labelled.
4. Wash and dry hands thoroughly.
5. Open the sample container.
6. Carefully set the lid down with the inside facing up. **Do not to touch the inside of the container or the lid at any time.**
7. Collect the first 30 mL of urine passed. It is important to collect the first part of the urine stream. **Midstream urine is unacceptable.**



8. Finish urinating into the toilet. Providing more than 60 mL of urine will affect the test results. If more than 60 mL is collected, wait 1 hour and recollect another urine specimen.
9. When finished, screw the lid on tightly and ensure no leakage occurs. Wipe container if needed.
10. Wash hands with soap and water.
11. Write the time and date of collection on the container.
12. Place the container in the bag provided and securely seal the bag.
13. Fold any paperwork and place in the external pocket of the specimen transport bag. This ensures the specimen will not leak onto the paperwork.
14. Bring the sample to the laboratory as soon as possible. For best results, deliver the sample within 30 minutes of collecting it. If not possible, keep the sample refrigerated and bring it in as soon as possible.

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*NOTE: This is a **CONTROLLED** document. Any documents appearing in paper form that are not stamped in red "MASTER COPY" are not controlled.*

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Medical Approval		
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Management Approval		
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Record of Revisions

Version	Date of Revision/Review	Responsible Person	Revision Description	Signature of Approval

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